## Community Myths and Misconceptions in Tobacco Treatment

Virtual Training, CE credits available

Trainer: Samali Lubega, M.D.

Friday February 26th, 9am-1pm PST

Participants will learn the evidence-based tools for supporting clients in quitting tobacco and discuss common treatment misconceptions that exist in the community.

Who Should Attend: AOD Counselors, mental health and primary care providers, Health Educators, Community Cessation Facilitators, Case Managers, Home Health Care Workers, Nurses and other healthcare providers.

## **Learning Objectives**

- 1. Describe two (2) risks, safety, and myths associated with the evidenced-based tobacco medications prescribed to help people quit tobacco
- 2. Showcase and describe the value in connecting patients with the California Smokers Helpline to help them quit.
- 3. Summarize at least two (2) strategies to encourage more patients/clients to try evidence-based treatment medications, such as the "Gentle Quit approach", or "Situational Quitting".
- 4. Discuss at least two (2) cultural and community fears around the use of Nicotine replacement therapy and calling the California's Smokers Helpline.

## For more information, contact ahay@lifelongmedical.org

Continuing Education (CE) credit is <u>only</u> provided for County and ACBH contracted Provider staff. This course meets the qualifications for <u>3.5</u> hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No. 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0622; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.





